

Carrie Lamm

The following is a letter I wished I had received when I was diagnosed with cancer.

Dear Carrie,

I am very sorry to hear of your recent diagnosis of cancer. I know things are very tough right now, but just remember, there is a light at the end of the tunnel. You are a very brave and courageous woman for fighting this disease. I know you can beat this obstacle and come out soaring.

There are going to be some good days and some not so good days. On those days that are great embrace them, Do what you want to do whether it's sitting outside and basking in the sun, or if it's going shopping for the day and buying yourself that sweater you've always wanted. Just remember to take that time for yourself and live life. On those days that are not so great call me. You can cry on my shoulder or I will even cry with you if that is what you want. I will always be here for you no matter how large or small your troubles are.

You can always count on me to be here for you. I will cook your meals; help with you household chores, whatever you need. Just please to be afraid to call and ask for my help. You need all the rest you can get. When you finish your treatments and are feeling well, call me. We will go and spend the day together, doing whatever you want. Just remember, I am your friend and here if you need me I have faith in you and you are going to prevail over this disease. You are a survivor through and through. I love you!