

MAXIMUS Foundation Grant supports the 2017 Cancer to 5K Coaches Symposium.

The Ulman Cancer Fund for Young Adults (UCF) is thrilled to announce and thank the MAXIMUS Foundation for honoring our organization with a grant that will fund the Annual Cancer to 5K Coaches Symposium. "The MAXIMUS Foundation is proud to present The Ulman Cancer Fund for Young Adults [UCF] with a grant in honor of its commitment to improving the lives of those it serves in the community," said John Boyer, MAXIMUS Foundation Chairman. "Through its innovative services and solutions, UCF's values continue to align with those of the MAXIMUS Foundation – helping disadvantaged populations while supporting individuals' and families' pursuit of self-sufficiency and improved health care outcomes. On behalf of the MAXIMUS Foundation, I am so grateful for UCF's dedicated work."

The Ulman Cancer Fund for Young Adults is a non-profit organization that creates communities of support for young adults, and their loved ones, impacted by cancer. The Cancer to 5K program is a free 12-week training program for cancer survivors regardless of age, treatment status, or physical ability. The program currently has 11 Cancer to 5K teams across the country that are all coached by volunteer coaches. "The success of the Cancer to 5K program is dependent on the dedication of our volunteer coaches and the support of the surrounding community. Thanks to the generosity of MAXIMUS Foundation, we can provide an educational experience for our coaches to learn how to best lead their teams of young adults impacted by cancer" says UCF's Program Coordinator, Skylar Marcoux. The grant will provide the opportunity for one volunteer coach from each team to travel to Baltimore to learn best practices regarding physical fitness with cancer survivors, program logistics, and psychosocial challenges and benefits. A current survivor participant commented, "Cancer to 5K provided a very welcoming and supportive team of runners who have helped me stay active as I go through treatment. I didn't think I could run a 5K when I started, but recently I ran over 3 miles!" The first teams to kick-off the 2017 Cancer to 5K season include Philadelphia, Boston, Irvine, Baltimore, DC/Northern VA, Montgomery County MD, and Howard County MD.

About MAXIMUS

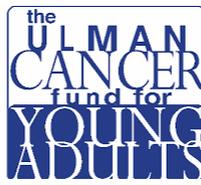
Since 1975, MAXIMUS has operated under its founding mission of Helping Government Serve the People®, enabling citizens around the globe to successfully engage with their governments at all levels and across a variety of health and human services programs. MAXIMUS delivers innovative business process management and technology solutions that contribute to improved outcomes for citizens and higher levels of productivity, accuracy, accountability and efficiency of government-sponsored programs. For more information, visit www.maximus.com.

About the MAXIMUS Foundation

As the philanthropic arm of MAXIMUS, the Foundation extends the mission of the Company by identifying and awarding grants to partners with specialized expertise to deliver results within the same populations and communities served by the public programs the Company operates. The MAXIMUS Foundation is completely funded by

ulmancancerfund.org > 410.964.0202 > info@ulmanfund.org

UCF Headquarters > 1215 East Fort Avenue, Suite 104, Baltimore, MD 21230 > Cancer changes lives... **SO DO WE!**



MAXIMUS and its employees, and provides grants to local community organizations with programs and projects in the areas of child and youth development, health and community development.

To find out more about the Cancer to 5K program, or to bring a Cancer to 5K team to your community, please visit www.cancerto5k.org or contact Program Coordinator Skylar Marcoux at smarcoux@ulmanfund.org / (410) 964-0202 x120.

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