



Optum supports the 2017 Cancer to 5K team in Philadelphia, PA.



The Ulman Cancer Fund for Young Adults (UCF) is thrilled to announce that Optum will be supporting the second season of Cancer to 5K in Philadelphia, PA. "Optum is proud to support the Cancer to 5K program," says Martha Temple, senior vice president of Optum Behavioral Health. "We salute the program participants across the country whose courage and dedication are an inspiration to all of us."

The Ulman Cancer Fund for Young Adults is a non-profit organization that creates communities of support for young adults, and their loved ones, impacted by cancer. Cancer to 5K is a free 12-week training program for cancer survivors regardless of age, treatment status, or physical ability. The program currently has 13 Cancer to 5K teams across the country that are all coached by volunteers. "The success of the Cancer to 5K program is dependent on the dedication of our volunteer coaches and the support of the surrounding community. Thanks to the generosity of Optum, we can continue to provide a free community of support for those impacted by cancer" says UCF's Program Coordinator, Skylar Marcoux. The sponsorship will provide survivor participants with a 12-week coached training program, Cancer to 5K gear including t-shirts, running shoes, and a water bottle, complimentary race registration, and a finishers medal and certificate. A current survivor participant commented, "Cancer to 5K provided a very welcoming and supportive team of runners who have helped me stay active as I go through treatment. I didn't think I could run a 5K when I started, but recently I ran over 3 miles!" This year, the Philadelphia team will train for the 'Run the Vineyards' 5K Race on June 11th, 2017 at 209 Vineyard Dr, Atco, NJ 08004.

About Optum

Optum is a leading information and technology-enabled health services business dedicated to helping make the health system work better for everyone. With more than 115,000 people worldwide, Optum delivers intelligent, integrated solutions that help to modernize the health system and improve overall population health. Optum is part of UnitedHealth Group (NYSE:UNH). For more information, visit <http://optum.com>.

To find out more about the Cancer to 5K program, or to bring a Cancer to 5K team to your community, please visit www.cancerto5k.org or contact Program Coordinator Skylar Marcoux at smarcoux@ulmanfund.org / (410) 964-0202 x120.

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UCF Headquarters > 1215 East Fort Avenue, Suite 104, Baltimore, MD 21230 > Cancer changes lives... **SO DO WE!**